



ADVANCED CARDIAC REHABILITATION FROM EVIDENCE TO IMPACT THROUGH QUALITY BEST PRACTICES

KRUPTACON PRE-CONFERENCE WORKSHOP

CAHO GLOBAL REHAB QUALITY FORUM



Date: Wednesday, 10th June 2026

Venue: Auditorium, 6th Floor, Sakra World Hospital, Bangalore

In an era where cardiovascular diseases are rising rapidly and survival alone is no longer the ultimate goal, the future of cardiac care lies in comprehensive, technology-driven, multidisciplinary rehabilitation. This exclusive hands-on workshop brings together the patient-centered excellence of a leading Japanese hospital system with the globally respected evidence-based protocols of the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR). It is a rare opportunity to witness how international best practices are translated into real-world clinical outcomes.

Unlike conventional lecture-based programs, this workshop is designed to immerse participants into practical cardiac rehabilitation pathways. This is more than a workshop. It is an opportunity to experience where evidence meets innovation, technology meets human recovery, and rehabilitation becomes the bridge between survival and meaningful life participation.

SAKRA INSTITUTE OF CARDIAC SCIENCES & SAKRA INSTITUTE OF REHABILITATION SCIENCES



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REGISTRATION FEE
₹2000

REGISTER NOW

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TIME	TOPIC	Speaker
9:30 AM	Registration	
10:00 AM	Introduction to the workshop	
10:15 AM	Lamp Lighting	
10:20 AM	Sakra as a leader in Cardiac Solutions	
10:30 AM	Beyond the Sternotomy: Tailoring Cardiac Rehabilitation for Minimally Invasive and Robotic Surgery	Dr Adil Sadiq Director and Head - Cardio Thoracic & Vascular Surgery (CTVS)
10:40 AM	Role of cardiac Rehabilitation in Chronic Heart failure	Dr Sreekanth Shetty Director & HOD - Cardiology
10:50 AM	More Than Survival: Getting Patients Back to Daily Life and Independence	Dr Maheswarappa BM Director & Head - Sakra Institute of Rehabilitation Sciences
11:00 AM	Refreshments & Networking	
11:20 AM	From Acute Care to Active Life: Defining the Cardiac Rehabilitation Pathway	Komal Agarwal Asst Rehabilitation Officer & Incharge – Cardiac Rehabilitation
11:35 AM	Scientific Basis of Exercise Prescription in Cardiovascular Care	Putla Blessy Raiza Paul Cardiac Physiotherapy Specialist
11:50 AM	The Digital Pulse: Evolution of Hybrid and Virtual Cardiac Rehabilitation.	Gladwin Mahiban Cardiac Physiotherapy Specialist
12:05 PM	Role of Clinical nutrition in Cardiac Conditions	Prachi Chandra Head – Clinical Nutrition
12:15 PM	Role of Clinical Psychology in Cardiac Conditions	Shilpi Saraswat Clinical Psychologist
12:25 PM	Role of Clinical Yoga therapy in Cardiac Conditions	Santhosh K N Clinical Yoga Therapist
12:35 PM	Sakra Rehab Hi-tech Facility tour	
1:30 PM	Lunch	
2:15 PM	<ul style="list-style-type: none"> •Practical documentation to launch a successful CR in your practice •Practical Session on 6MWT •Assessment of Health related QoL •Patient Report creation 	
3:15 PM	Vote of Thanks	

